

LIABILITY WAIVER FORM & RELEASE AGREEMENT

I understand that yoga is an activity that involves physical movement and opportunities for relaxation, stress reduction, and relief of muscular tension, etc. As in the case with any physical activity, the risk of physical injury or exertion, whether minor or serious and disabling, cannot be entirely eliminated. I acknowledge that it is my responsibility to consult with my child's physician with respect to any past or present injury, illness, health problem or any other condition or medication that may affect my child's participation in yoga.

Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. I understand that I am responsible for keeping **Ashley Stuart (Conscious Kids)** informed of my child's health needs.

I voluntarily waive any legal rights and possible claims, demands, and rights of action I may have against **Ashley Stuart (Conscious Kids)**, the owner, or the leaseholder of the building and I agree to assume full responsibility for any risks, injuries or damages, known and unknown, which my child may sustain as a result of participating in classes or workshops.

I **DO / DO NOT** (please circle one) give permission to **Ashley Stuart (Conscious Kids)** to use photographs or video of my child for promotional and educational purposes. I understand that my child will not be identified by name, nor will any compensation be extended for such use.

By signing this liability waiver and release agreement I acknowledge that I have carefully read, fully understand and accept its statements above.

Child's Full Name: _____ Age: _____

Parent/Guardian Full Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home #: _____ Cell #: _____

Email: _____

***Be informed about class cancellations or upcoming events: Join mailing list? Y | N**

Please list any known allergies, physical limitations, concerns, etc.: _____

Parent/Guardian Signature

Date